

**Midland College
Syllabus
RNSG 1171
Nursing Care of the Older Adult (0-1-0)**

Covid-19 Addendum:

Classes at Midland College are face to face with an online component.

Course Description:

This course is a study of the unique health care needs of older adults. Content includes the developmental, physiological, and psychosocial changes of the older adult regarding health promotion, maintenance, and restoration. The course will emphasize the application of knowledge, skills, and attitudes within a legal/ethical framework. This course will meet online. Prerequisite: Admission into the program.

Corequisite courses for this course are: RNSG 1162, RNSG 1215, RNSG 1105, RNSG 1413.

Text, References and Supplies:

Text

- ATI Materials (purchased through course fees, includes drug book)
- Wilkinson, J. and Treas, L. (2016). *Fundamentals of Nursing, Vols. 1-2*. (4th ed.), Philadelphia: F. A. Davis.
- Jones & Bartlett Nurse's Drug Handbook, (18th ed.)
- Mosby's Manual of Diagnostic and Laboratory Tests, (6th ed.).

WECM End-of-Course Outcomes:

Assess the physical, psychological, intellectual, spiritual, and social needs of the older adult; compare and contrast environmental aspects encountered by the older adult focusing on safety, health promotion, maintenance, and restoration. Learners use a systematic problem-solving process and critical-thinking skills when planning care of the older adult.

Student Learning Outcomes:

The following course student learning outcomes (SLOs) are based on the Differentiated Essential Competencies (DECs) identified by the Texas Board of Nursing for the professional nursing roles of Member of the Profession (MOP), Provider of Patient-Centered Care (PPCC), Patient Safety Advocate (PSA), and Member of the Health Care Team (MHCT). Upon successful completion of the course the student will:

1. Describe physiological changes associated with aging. (PPCC-A, B)

2. Explain the effect of aging on pharmacokinetics and the nursing adaptations related to safe medication administration to the older adult. (PPCC-D; PSA-B)
3. Describe common conditions/illnesses that are found in the older adult population, as well as, treatments and interventions for those conditions/illnesses. (PPCC-E; PSA-C)
4. Identify safety considerations specific to the problems associated with the aging process. (PPCC-B, G; PSA-B, C)
5. Describe end of life issues in caring for the older adult population and their caregivers. (PPCC-D, H)

Course Outline:

Unit I – Foundations of Healthy Aging

Unit II – Promoting Safety

Unit III – Cognitive Impairment

Unit IV – Safe Medication Use

Unit V – Nursing Care for Age-Related Problems

1. Nutrition
2. Hydration
3. Urinary Incontinence
4. Bowel Elimination
5. Vision and Hearing

Unit VI – End of Life Care

Unit VII – Physiological Changes Associated with Normal Aging

Student Learning Outcomes:

Refer to Canvas in Modules for Student Learning Outcomes (SLOs).

Student Contributions, Responsibilities and Class Policies:

1. Students will be expected to comply with the policies in the Midland College Catalog and Student Handbook and the Midland College Associate Degree Nursing Program Student Handbook.
2. Students will be expected to attend class on time and to be prepared with weekly content that is assigned and will be reviewed in class.
 - Refer to course calendar for course content and weekly assignments.
 - If a student is late for class, the student will be required to stay outside the class until there is a break which are offered periodically throughout the class time.

- If an absence is unavoidable, the student is responsible for obtaining covered material from another student.
3. Students will be expected to bring their required textbook(s) and additional material as requested.
 4. Students can expect class time will be used primarily for lectures, application exercises such as case studies, concept maps, poster boards, role-playing, group activities, simulation, independent study, non-proctored quizzes, proctored testing, and guest speakers.
 - Class participation is crucial for successful completion of course.
 - Students are expected to be accountable for their own learning.
 - The student is responsible for any material covered through lecture, audio-visual media, class presentations, independent study, required readings and assignments, and guest speakers. This information will be included on the unit and final exams.
 - Students are expected to identify their learning needs according to the SLOs and request assistance from the instructor as needed. Students may contact the instructor by preferred method during campus hours M-F 0800-1700, scheduled office hours, and by appointment.
 5. Students will be expected to utilize the online environment primarily through Canvas and Assessment Technology Institute (ATI) online learning system nursing products. In addition, other online learning environments may be utilized by the instructor.
 - If a student has access issues with off-campus connections, the student is responsible to contact the online entity to resolve the issue.
 - If a student has computer issues on their personal computer, the student is responsible for resolving the issue and must be prepared to have a back-up plan.
 - Students should utilize the Help Desk for issues with Canvas.
 6. Students are expected to exhibit honesty and integrity.
 - Students are to work on assignments and submit work without any assistance from family, other students, or friends unless the instructor has authorized collaboration or group work.
 - Students are not to share, copy, or take a picture of assignments and/or share with other students. If it is discovered and confirmed the above was violated, disciplinary action will be taken up to and including program dismissal.
 7. All assigned course work must be complete with submission on or before the due date as posted on the course calendar.

- No assignment is optional.
 - If an assignment is late, the student will receive zero “0” points in the grade book for the assignment.
 - Submission of every assignment must be complete before the end of the semester except for extenuating circumstances where the student receives a grade of Incomplete “I.”
8. Students are expected to submit assignments electronically or manually with correct grammar, spelling, and punctuation.
- If an assignment is submitted manually it must be neat and clean, without creases, stains, or smell of tobacco or perfume.
9. While in class students must not make or receive phone calls, receive or send text messages, or participate in any way with media communication except as requested by the instructor. There will be no recording of the instructor at any time. Internet use is for course assignments and research only.
- Refer to the Midland College Associate Degree Nursing Student Handbook policies: Electronic Communication Equipment and Professional Conduct.

Testing:

Course exams in the Associate Degree Nursing program will adhere to the Testing policy found in the Nursing Student Handbook. All exams will be taken online on the ATI Platform.

ATI Practice and Proctored Content Mastery Exams:

Students will participate in ATI practice and Content Mastery exams. Refer to the attached “Requirements and Grading Grid for ATI Content Mastery Exams.”

Evaluation of Students:

- a. A course grade of $\geq 75\%$ or better is necessary to pass RNSG 1215. There will be no rounding of final grades. A semester grade of less than “C” will not be acceptable as passing in any required nursing course or course leading to a degree.

A = 90 - 100

B = 89.9 - 80

C = 79.9 - 75

D = 74.9 - 60

F = 59.9 or below

Grades will be calculated as follows for the final course grade:

| | |
|---------------------------|------|
| Weekly Topic Assignments | 25% |
| Weekly Reflection Journal | 25% |
| Project | 30% |
| Final Exam | 20% |
| Total | 100% |

Assignments:

Students will participate in assignments as designated by the instructor. Assignments are to assist the student in preparation for class and for the unit and final exams. Late assignments will receive zero “0” points. Refer to course calendar.

Attendance Policy:

Refer to Midland College Student Handbook.
Covid-19 addendum: Refer to Midland College Student Handbook.

Withdrawal Policy:

Students who have enrolled in a Texas public institution of higher education as a first-time freshman in fall 2007 or later are permitted to drop no more than six courses during the entire undergraduate career. This limit includes all transfer work taken at a Texas institution of higher education and to second baccalaureate degrees. This statute was enacted by the State of Texas in Spring 2007 (Texas Education Code 51.907). Any course that a student drops after Census Day is counted toward the six-course limit if “(1) the student was able to drop the course without receiving a grade or incurring an academic penalty (2) the student’s transfer indicates or will indicate that the student was enrolled in the course; and (3) the student is not dropping the course in order to withdraw from the institution.” Refer to Midland College Student Handbook.

Scholastic Dishonesty:

Midland College does not tolerate scholastic dishonesty or academic misconduct in any form. Please read the Midland College Student Handbook on this subject.

Course Schedule:

A detailed course schedule will be provided to students at the start of the class through Canvas. This class meets two hours per week.

Americans with Disabilities Act (ADA) Statement:

Midland College provides services for students with disabilities through Student Services. In order to receive accommodations, students must visit www.midland.edu/accommodation and complete the Application for Accommodation Services located under the Apply for Accommodations tab. Services or accommodations are not automatic, each student must apply

and be approved to receive them. All documentation submitted will be reviewed and a "Notice of Accommodations" letter will be sent to instructors outlining any reasonable accommodations.

Continuity of Instruction Statement:

In the event that on campus activities are suspended due to extenuating circumstances, such as weather or quarantine, the instructor will continue instruction in a manner that best supports the course content and student engagement. In this event, your instructor will notify students of the change via canvas. At that time, they will provide details how instruction and communication will continue, how academic integrity will be ensured, and what students may expect during the time that on campus activities are suspended. If a student becomes unable to continue class participation due to extenuating circumstances, (e.g., health and safety, loss of power, etc.) the student should contact their instructor and advisor for guidance. Resources are available to students via the SOS program. Information can be found at <https://www.midland.edu/services-resources/student-services/sos.php>

Grievances or complaints:

Concerns should be expressed as soon as possible to allow for early resolution. Midland College encourages students to discuss their concerns with their instructor first. If you feel uncomfortable discussing your situation with your instructor, students should discuss their concerns with the Chair of the appropriate department (Associate Degree Nursing Chair - Dian White 432-685-4594), then the Dean of Health Sciences and Math and Science - Dr. Miranda Poage (432-685-6745). If a resolution is still not possible, students may proceed with the formal complaint process.

<http://catalog.midland.edu/content.php?catoid=14&navoid=2579#grievances-and-complaints>

Non-Discrimination Statement:

Midland College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following individuals have been designated to handle inquiries regarding the non-discrimination policies:

Wendy Kane
Title IX Coordinator/Compliance Officer
3600 N. Garfield, SSC 123
Midland, Texas 79705
(432) 685-4695

For further information on notice of non-discrimination, visit ED.gov Office of Civil Rights website, or call 1 (800) 421-3481.

Licensure Eligibility Notification:

Completion of Midland College degrees and/or certificates does not guarantee eligibility to take a certification/registry/licensure examination. The eligibility of each person is determined on an individual basis by the regulatory body of the specific discipline. If you have a conviction of a crime other than a minor traffic violation, physical or mental disability/illness, hospitalization/treatment for chemical dependency within the past five

years, current intemperate use of drugs or alcohol or a previous denial of a licensure or action by a licensing authority, you will need to contact the specific regulatory body for an individual ruling. Some programs require a criminal background check and urine and drug screen.

Health Sciences Division Information:

Division Dean

Program Chair

Division Secretary

Instructor Information: